VBC 2018-Day 4

3rd-5th Grade Plan
12:25-Check In Begins/Play Music
12:29-3-minute countdown

The Women At The Well
Choose To Be A Friend
John 4:1-44

12:32-12:35-Welcome

Say: Welcome to Day 4 of VBC!! The week is going by so fast! I can't believe it is Thursday! So far this week we have learned so much about kindness. Yesterday we learned that Jesus showed kindness to 10 lepers. Lepers in Bible time really had a hard life and people pretty much ignored them because they didn't want to get sick. But not Jesus! Jesus went right up to these lepers and after talking with them he healed them! I know we can't heal people, but we can follow Jesus example of caring for those that are hurting in some way.

Before we start find your small group and discuss these questions.

1. My favorite _____ is _____
2. Why is it good to have a friend?

You have 3 minutes! Ready Go!

3-minute countdown

Bring Everyone back together after the countdown and go over the camp guidelines:

Slide- Guidelines for The Week

1. Pay Attention
2. Respect Others
3. Have Fun
4. Stay off the stage
5. Choose Kindness

12:35-12:50-Opening Game Time

Game #1: On the Spot Rap Battle #4-Supplies Needed (Notebook, Pen, Music)

Say: I'm looking for 2-3 people who would like to compete in a competition in which they will need a lot of courage. We are going to do an on the spot rap battle. You will have 5-7 minutes to put together a 1-minute rap. Then you will perform for the group. You will have a rap coach and your rap must be about kindness and/or the story of the 10 lepers from yesterday.

****Note pre-select 3 youth leaders as the rap coaches. Have them come up front right away and be a part of selecting the 3 contestants****

Ask for 3 contestants that want to write a 1-minute rap and perform it in 10 minutes. Send them out with their rap coach and call them back in 10 minutes to perform their rap. While they are gone play game #2 & game #3

Game #2-Shape It Up
Supplies-Playdough; items to sculpt

Invite 3 campers on the stage and give them some playdough. Next reveal a picture on the screen. They will have 1 minute to shape their playdough into that sculpture as best as they can. At the end of 1 minute they will hold up their playdough sculpture and the audience or the game leaders will decide who did the best job. Award prizes to the winner and then have them sit down and call 3 more people up. Continue the game for 3 rounds.

Items To Shape Are….Water bottle, Tacos, Monster Truck, Ball of Yarn

Game #3-Solo, Duo, Trio (Order the graphics to this game at www.downloadyouthministry.com)

- All students (and leaders) stand and gather in the center of the room.
- Everyone chooses to stand as a solo (by themselves), a duo (with a partner), or a trio (three people).
- Have groups link arms, touch shoulders, or even hold hands to indicate their choices.
- Give everyone only a about 10-30 seconds to make their choices. When you say set, however they are set will be their choice.
- Once everyone is set, choose a slide (either pre-arrange in the PowerPoint beforehand, or have your operator choose from the solo, duo, or trio slides.)
- People who have chosen the selected slide are out and must sit down.
- Repeat the process, changing up the selection each time.
- When the game is near the end, you can determine the winner by who is left, or flip the rules that the winner will be the one that is shown.

12:50-12:55-Rap Battle
On the Spot Rap Battle. Bring back the 2-3 rappers and their coaches allow the 3 rappers to perform and kids will cheer for the winner or the game leaders can decide who wins. Give the winner the best prize but give all rappers a prize for giving it a go!

Say: Thank you to everyone who played the games and did the rapping. As we get ready to move to the foundry. Think about this….who do you know that might need a friend. Someone who needs more than you just being kind one time to them. Maybe they need someone to be looking out for them or standing up for them at school, at camp, in our neighborhood, or even in our family.

Let's pray and head to the Foundry.

12:50-12:55 Depart for Foundry

1:00-1:55-Drama In Foundry
2:00-2:10
High Energy Group Game
Backwards Charades

Split your group in half into 2 teams. Each team selects a guesser who will stand on stage with their back to the words that are being guessed. The rest of the team acts out the words. The other team is completely quiet. Each guesser will have 90 seconds to guess as many words correctly as they can. Each team gets 2 passes per 90 seconds. Keep track of how many each team scores and award the guesser of the winning team a prize! Play 1 or 2 rounds depending on Time.

Story Telling
Picture It
Supplies-6 crummy pictures drawn to tell the story.

Invite 6 campers to come up and hold the pictures. Reveal the pictures slowly in order so as not to ruin the suspense! :)

Picture #1-A Well

Say: A well was the source of life in Bible Times. This is where the community would come and get water. Most of the time people would come at the beginning of the day to draw water before it would get too hot.

Picture #2-Women with a Jar

Say: The women mentioned in the story today came to the well in the middle of the day all by herself. Probably makes you think she did not have a whole lot of friends.

Picture #3-Eyes
Say: Jesus is traveling through her land and decides to rest for lunch. His disciples are off getting lunch. The woman approached the well. Jesus sees her and begin talking to her.

Picture #4-Surprised Face
The woman is totally surprised by this. First, she is a Samaritan and Jesus was a Jew, and the Jews and Samaritan did not like each other at all. Second, she was a woman and men in Bible Times didn't always go out of their way to be friendly towards women. Finally, she had no friends anymore and was for the most part alone.

Picture #5-Jesus and Woman Talking
After a long conversation the woman realizes who Jesus is. Jesus knows all about her. He knows about all her mess ups and that she has no friends, but Jesus still loves her.

Picture #6-Woman smiling and telling other about Jesus.

The woman is so excited about the kindness Jesus showed her that she races back to her neighborhood and invites everyone to come and meet Jesus too! This by itself was pretty cool because even though the Women didn't have any friends and really no one was all that nice to her she still went and told them about Jesus!!

Say: Thank you picture holders you may take a seat!!!

Once everyone is listening Say:
One of the many cool things about this story in John chapter 4 is that it tells us in verse #4 that Jesus HAD to go to Samaria. Which is where this woman lived. It was like Jesus knew all about this woman and had to go show her some kindness. (Which of course Jesus did know). This woman was an outsider no real friends and then Jesus shows up as a friend to her.

So let's go back to wonder and the character Jack Will. Jack Will was not perfect he made a few mistakes, but he became a really good friend to Auggie. Let's watch a quick clip of Jack and Auggie's Friendship.
Wonder Clip 36:35-40:03

Say: Our Precept For Today….Sometimes Kindness is more than one act. It's to do a simple act of kindness for someone. But sometimes as followers of Jesus we need to more. The Bible tells us that Jesus hung out in Samaria with the women at the well and her neighbors for 2 more days. Jesus didn't just chat and leave; he did a bit more than 1 simple act of kindness. Let's take a look at our precept for the day: Do all the good you can, in all the places you can, at all the times you can

As we go to our small groups think about these questions:

1. Can you think of a time when someone was extra kind to you?
2. How do you think the women at the well's life was changed after Jesus left?
3. Can you think of people that might need a little than just 1 small act of kindness? Who can you stand up for?

Let's Pray:
Thank you, Lord, for this story. As we see the kindness you showed to the Women help us to show kindness even if it might take more than 1 minute. Amen.

Dismiss to small groups. Remind groups where to go for their small group time and what time to be back by and to remain semi-quiet if they are near another group so that groups can hear each other.

Small Group Time
Supplies Needed: Small Group Time –(3rd Grade 2:20-2:50) (4th & 5th 2:20-2:55)
Supplies Needed: Saltines, Bottle of Water, 2 bottles of Vitamin Water, Small Cups, John 4:13-15 print out., Toilet Paper, Scratch pads,

Begin by trying to get your group thirsty by having them do 10 push-ups, 10 jumping jacks, run place, then eat a saltine.

Ask:
When are you really thirsty?
Who is thirsty right now?

Say: This is probably how the women was feeling in our story today. She is coming to the well to get water. It is hot and right smack in the middle of the day. She is looking not only to get something to drink but also probably needs water to make the next meal or maybe even do some cleaning. It is here that she meets Jesus. Before we get into our small group time who would like a drink?

First offer everyone 1 cup of regular water. Then allow everyone to try 1-2 cups of vitamin water. Then ask.
Who likes the regular water best??
Who likes the vitamin water best?
Did the vitamin water or regular water quench your thirst better?

Say: As Jesus and the women talk Jesus offers the women living water. She is confused by this and think it is some great new water kind of like the vitamin water. But what Jesus is talking about is God's love and how God's love is like the best kind of water ever! Let's read a bit of their conversation together.

Pass around John 4:13-15 handout and invite 2-3 people to read it out loud.

Did you know this Woman was an outsider in 4 ways:

1. **She was a Samaritan and in the Bible God's people the Jews hated them**
2. **She had no friends. People usually went to the Well to get water in groups early in the morning, but she went in the afternoon all by herself.**
3. **She was a woman. In Bible times people didn't always look to woman as being important.**
4. **She had been married 5 times and none of them worked out.**

Say: The cool thing is Jesus show her kindness and value, but it didn't end with this conversation the Bible tells us that Jesus hung out with this woman and her neighbors for 2 days. For Jesus kindness was not just a quick act it was being a friend. Let's take the next few minutes to think about this type of extended Kindness that Jesus showed.

All Wrapped Up Activity (idea based off of similar activity from ministrytoyouth.com)

Supplies

Toilet Paper

Divide your group in teams of 3. Hand each group a roll of toilet paper.

When you say go, the 2 members of the team must start wrapping the TP around their 3rd player. Making them into a type of mummy.

They have 3-4 minutes to get creative and wrap the player up the best they can so that it will be difficult to unwrap.

After 3-4 minutes pause the game and read this:

Colossians 3:12 "Therefore, God's chosen people holy and dearly loved. CLOTHE yourselves with compassion and kindness…

SAY: Clothing ourselves with kindness makes me think that kindness should be who we are, not just being nice 1 time here or there. As followers of Jesus kindness becomes part of our everyday lives and when we meet someone who might need more kindness than just us showing a random act of kindness everyone once in a while. Jesus spent 2.5 days showing kindness to the one person. Listen as I read this verse again:

Colossians 3:12 "Therefore, God's chosen people holy and dearly loved. CLOTHE yourselves with compassion and kindness…

Allow the mummies to break free of their TP. Whatever mummies takes the longest getting free; the due that wrapped them wins!! (P.S. this might get messy for a moment)

Clean up your mess and bring your group back together.

Precept Activity: Scratch Pads; list of all the VBC precepts (Purchase your scratch pads from Oriental Trading)

Say: All week long we've been learning precepts similar to what the student's in Mr. Browne's classroom did in the movie/book Wonder. Today our Precept is Do all the good you can, in all the places you can, at all the times you can. Jesus found time to be kind as he was traveling the when he met the women at the well. What we are going to do today is create a Precept card. These cards will serve as a reminder to you at home or wherever it ends to choose kindness.

Directions:

1. Hand out 1 pad and 1 scratch stick to each camper.
2. Instruct them to create a sign to remind them and others to Choose kindness. They can scratch out the phrase "Choose Kind" or one of our precepts this week or create a precept of their own and scratch it out. Or if they have a way to mix pictures and words then they are welcome to do that as well.
3. Allow 5-7 minutes to create their scratch pad.

Give 2 and 1 minute warnings and once time is up, allow kids to share their creation. Thank everyone for their great work then ask these questions:

Ask:
Why do you think we need reminders to be kind?

When have you shown kindness to someone that last for more than 1 minute?
Is there anyone you know that might need some kindness that lasts for more than 1 minute?

Say: Choosing kindness can sometimes be hard; it is often easier to ignore the chance to be kind and just do what we want. Jesus has asked us to be clothed in kindness. Kindness is just who we should be as followers of Jesus. Let's pray and ask for help choosing kindness.

You can pray, ask a camper to pray, or read the following prayer.

Dear Jesus,
Thank you for being kind not just for 5 minutes but for 2.5 days to the women at the well. Help us to look for those who might need kindness and help us to be clothed in Kindness. May we be people who constantly show kindness to those around us. In Jesus Name Amen.

Extra Time Do This!
Work on Your Journal

3rd Grade- 2:55-3:20 Station Time Follow Your Schedule
4th & 5th Grade-2:55-3:20 Free Time In Student Center

3:20-3:30-Wrap-Up & Closing
3rd Grade in Bible Theater
4th & 5th In Student Center

3:20-3:27
Example Of Kindness Video:

Say: Each day we will wrap up our time together with an example of people showing kindness in our world. As you watch these videos hopefully it will inspire you to show kindness like these cool people. Today's video from the kid president who talks to us about making new friends and showing kindness.

https://www.youtube.com/watch?v=OoHdwUEfBts

Ask: In our Bible story today, Jesus befriended a woman that no one else thought was cool; she was an outsider, but Jesus took the time to talk with her and tell her all about God's love. I think Jesus would think the kid president's message is spot on! Look around see who might need a friend it could be someone who is totally different than you.

Minute To Win It Game: Johnny Apple Stack- (supplies needed: bag of apples)
Say: Let's wrap up our day with 1 final challenge I need 1 volunteer to try and beat the clock and if they can they will win a sweet prize.

Johnny Apple Stack-In 1 minute see if you can stack 5 apples on top of each other.

Group Question Of The Day:

Question of The Day: (Question on screen have kids stand up to cast their vote)
If you could only eat 1 more thing for the rest of your life what would it be?

A. Doritos
B. Sour Patch Kids
C. Pretzels
D. Cheese Sticks

Closing Announcements and Dismissal. (3:27-3:30)